



# Deepwood Industries

Growing Business Through Partnerships

## Willoughby Word

The Willoughby Branch Program Area



Deepwood Industries, Inc

October 2nd Edition

### Who Done it?

At the end of October, the Willoughby Branch performed a murder mystery play. Most of the individuals and staff were in the play. We have a lot of good actors and actresses at the Willoughby Branch. We all had a lot of fun. Stay tuned as we may have another play in the future!

We had too much fun in October that we needed another edition

The birthstones for October are opal and tourmaline, and the zodiac signs are Libra and Scorpio.

The first full moon after the Harvest Moon quite often falls in October and even has its own name. Known as the Hunter's Moon, it's one of the only two full moons (along with the Harvest Moon) that aren't connected to a specific month. Depending on the year the Hunter's Moon either falls in October or November.

The mission of Deepwood Industries is to promote and support human dignity, rights, and choices for individuals with developmental disabilities, thus enabling them to achieve their fullest potential in successfully living, learning, working, and playing in the community.



The Willoughby Branch of Deepwood Industries is located at 2100 Joseph Lloyd Parkway in Willoughby, Ohio 44094. To learn more, visit [www.lakebdd.org](http://www.lakebdd.org) or call (440) 269-2180. Follow us on social media to see timely information on our programs and services.





## A trip to the Harley Dealership!

A few of the individuals took a trip to the Harley Dealership in Mentor. They were showered with gifts and received a tour. They really enjoyed hanging out with the guys!



## Drumming...Cardio drumming to be exact!

Cardio drumming is a dynamic cardiovascular workout that combines drumming, rhythm, and music. Participants typically use drumsticks to hit an exercise ball placed on a bucket, following the rhythm of the music. The exercise can also incorporate dance moves and steps, enhancing the overall experience. It is a low-impact workout that people of all ages and fitness levels can do, and it can even be modified for people with injuries or other limitations. Cardio drumming helps improve your motor skills and hand-eye coordination, and it can even help lessen the symptoms of some health conditions.



Try it! You'll  
Love it too!

# DI

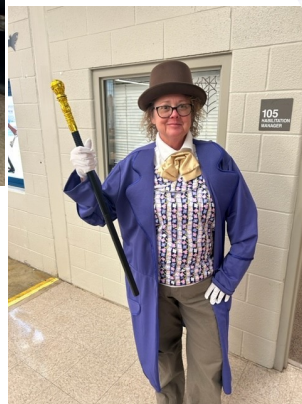




# What's Happening

## Halloween Dance

We drank cider and ate cookies. We danced to spooky music. Dressed up like no other. Lots of fun had by all! Some of the staff even dressed up as Charlie and the Chocolate factory.



# DI



## Welcome Troy!



Troy has been out with Community Integration to St. Noel's church where he helped break down boxes from the food pantry, swept, counted out empty pill bottles and recycled cardboard. He was a big help! Troy can not wait to help out more with the Community Integration volunteer outings.

## Contact Us

Please reach out to us for more information about our programs and services.

**Willoughby Branch**  
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Visit us on the web at  
[www.deepwoodindustries.com](http://www.deepwoodindustries.com)

For more of our story, follow us on social media  
[@deepwoodindustries](https://www.instagram.com/deepwoodindustries)

## Community Integration Volunteer Highlight

### St Noel's Church & Food Pantry

Once a month, Community Integration goes to volunteer at St. Noel's. There we help break down boxes and recycle them. After that we do numerous other jobs to help out. Counting pill bottles to send to under privileged countries and counting hangers. When its nice out, we work in the clothing shed. Going thru the bags and boxes to make sure all the items are able to be in the donation shed. If not, we bring inside where they may choose to display the items for others to take when they come to the food pantry.



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